

An unusual cause of myocardial infarction in an elderly man

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Cardiac involvement in eosinophilic granulomatosis with polyangiitis (EPGA) is increasingly recognized, but it is unusual to be the initial presentation. We report a case of vasculitic myocardial infarction (MI) and cardiogenic shock in an elderly man caused by EPGA.

A 73-year-old man presented with acute chest pain radiating to back for two days. He has a history of asthma and allergic rhinitis for more than ten years well controlled by inhaled corticosteroid. The electrocardiogram showed sinus rhythm, right bundle-branch block and anterolateral ST-segment depression. He had elevated troponin T of 548 ng/L (reference: < 14 ng/L), creatine kinase of 454 IU/L (reference: 39–308 IU/L), white blood cell count of $13.8 \times 10^9/L$ (reference: $3.7\text{--}9.3 \times 10^9/L$) and eosinophil count of $12.4 \times 10^9/L$ (reference: $0.0\text{--}0.6 \times 10^9/L$). Antineutrophil cytoplasmic, anti-extractable nuclear antigen, and anti-nuclear antibodies were negative. The evolution of laboratory parameters is shown (Figure 1). Transthoracic echocardiogram showed reduced left ventricular ejection fraction of 40%, anterolateral hypokinesia and 1 cm pericardial effusion near left ventricular apex. Aspirin, clopidogrel and low molecular weight he-

parin were started. Coronary angiogram found normal coronary arteries. The patient developed cardiogenic shock necessitating inotropic support. Computed tomography did not show pulmonary infiltrates. Cardiac magnetic resonance (CMR) showed anterolateral hypokinesia (supplemental material, video), diffuse subendocardial delayed enhancement (Figure 2A), perfusion defect at rest (Figure 2B) and edema (Figure 2C). A small circumferential pericardial effusion was also present (supplemental material, video). Subsequently, a purpuric rash developed on the patient's shin (Figure 3). Punch sk-

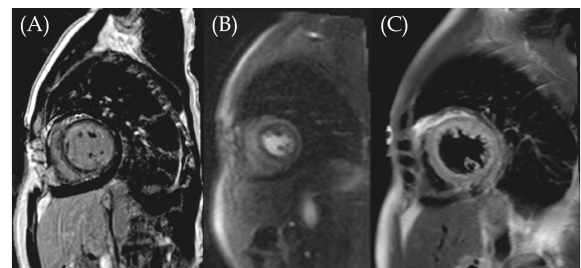


Figure 2 Diffuse near circumferential subendocardial late gadolinium enhancement was seen at the mid-ventricular short axis (A) associated with perfusion defect at rest (B) and edema (C), signifying acute myocardial infarction in a non-coronary distribution.



Figure 3 Palpable purpuric rash characteristic of vasculitis on both legs, more severe on the right.

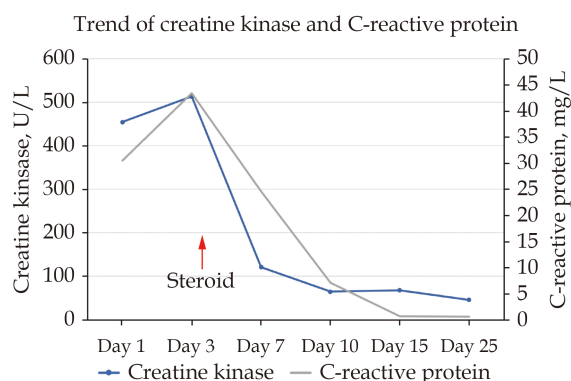


Figure 1 The levels of creatine kinase and C-reactive protein were plotted against time after presentation. Both parameters dropped precipitously following institution of immunosuppression.

in biopsy confirmed leukocytoclastic vasculitis with eosinophils. Despite the negative serology, the diagnostic criteria for EPGA was fulfilled.^[1] Following the institution of high dose steroid and rituximab, there was precipitous fall in troponin, eosinophil count and inflammatory markers (Figure 1). The patient's hemodynamics improved significantly; he was able to wean off inotropes and started on guideline-directed medical therapy for heart failure. At three months, echocardiogram showed improved left ventricular ejection fraction of 50%, anterolateral hypokinesia, and a small residual pericardial effusion.

This case demonstrates the strength of CMR in patients with MI with non-obstructive coronary arteries, of which CMR is the modality of choice.^[2] The prevalence of cardiac involvement in EPGA is variable ranging from 16% to 92% in the literature (Table 1). All patterns of late gadolinium enhancement on CMR have been reported, including mid-wall, epicardial, and subendocardial. Apical thrombus is found in the minority of patients. Cardiac involvement is associated with worse disease severity, increased cardiac and total mortality, and it is argued that CMR should be performed in all patients with EPGA.^[3] Although corticosteroid is an established treatment of

EPGA, use of noncorticosteroid immunosuppression including rituximab and cyclophosphamide limits myocardial damage and contractile dysfunction.^[4]

In conclusion, we report a case of acute MI caused by EPGA diagnosed with CMR that responded promptly to immunosuppression.

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Table 1 Summary of the prevalence and pattern of cardiac involvement by CMR in EPGA in the literature.

Author	Sample size	Mean left ventricular ejection fraction	Presence of scar	Infarction scar	Left ventricular thrombus
Zampieri, <i>et al</i> ^[5]	52	58%	13%	6%	4%
Yune, <i>et al</i> ^[6]	16	50%	50%	44%	0
Dunogué, <i>et al</i> ^[7]	42	58%	60%	31%	2%
Lagan, <i>et al</i> ^[8]	13	60%	92%	15%	0
Misalski-Jamka, <i>et al</i> ^[4]	51	56%	16%	NA	NA
Hazebroek, <i>et al</i> ^[3]	50	53%	61%	2%	0

CMR: cardiac magnetic resonance; EPGA: eosinophilic granulomatosis with polyangiitis; NA: not available.

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